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# WEEKLY UCESCO - AFRICA

#### **NEWS** LETTER



"Volunteering is the gift of time, love, and compassion – a chance to make a difference in the lives of others while enriching your own."



#### Successful Two-Day Free Inter-County Medical Camp Brings Vital Healthcare to Samburu





Ucesco-Africa recently held a successful two-day free inter-county medical camp in Samburu, bringing essential healthcare services to over 300 residents. The camp, hosted in collaboration with local volunteers, staff from Ucesco, medical staff from the Loosuk Clinic, and support from Beyond Zero's mobile unit, showcased a dedicated commitment to improving healthcare access for underserved communities.

Residents of Samburu showed great enthusiasm for the medical camp, where they received a variety of healthcare services. In addition to medical check-ups, consultations, and treatment, patients also benefited from specialized dental care, which provided many with much-needed relief and treatment for oral health issues. Beyond Zero's mobile van enabled the medical team to conduct various tests on-site, ensuring comprehensive

health screenings were available to all. Dispensing free medications was also a key component of the camp, facilitated by an on-site pharmacist who carefully provided prescribed medicines to patients. This access to medicine was crucial in allowing many residents to receive continued treatment and health improvements even after the camp's conclusion. Ucesco-Africa extends its heartfelt thanks to all the dedicated volunteers from various counties who generously stepped outside their comfort zones to provide healthcare to Samburu's community. Special appreciation goes to Ucesco and Samburu staff, and to the Loosuk Clinic's medical team, whose collaborative efforts made this camp possible.

This medical camp underscored the importance of accessible healthcare and the impact of communitydriven collaboration. Ucesco-Africa remains committed to continuing these initiatives, with plans already underway to organize additional camps that will expand our reach and further contribute to community health across the region.

# Exciting News from Ucesco-Africa's Mombasa Branch





Our Mombasa branch recently had the inspiring opportunity to connect with Honourable Priscilla Mumbai, Majority Whip of the Mombasa County Assembly, to discuss the much-anticipated Ucesco-Africa Cultural Charity Gala a celebration of cultural diversity aimed at raising funds for transformative local initiatives. Hon. Mumbai expressed her excitement for Ucesco-Africa's mission, particularly commending our vision to establish a vocational training center in the Moroto Slums of Tudor. This center will empower local youth with essential skills and training, unlocking opportunities for economic independence and a brighter future. Her enthusiasm for the project was contagious, highlighting the powerful impact this center could bring to countless young lives. Taking her support a step further, Hon. Mumbai committed to arranging a meeting with the

Governor of Mombasa and the County Assembly Speaker to rally support for this noble endeavor. Her backing adds momentum to our communitydriven vision, underscoring the potential of such initiatives to inspire real, lasting change.

With the upcoming Ucesco-Africa Cultural Charity Gala on the horizon and plans for the vocational training center gaining traction, we are thrilled about what lies ahead. Together, these projects reaffirm our dedication to community empowerment, and we can't wait to see the positive impact they will bring to Mombasa. Stay tuned as we work to transform dreams into reality.

### A Well-Deserved Retreat to Thompson Falls, Nyahururu Courtesy of Meaningful Travel Tour Company





After the incredible success of the two-day free medical camp in Samburu, our dedicated staff and medical camp team were treated to a rejuvenating

journey back to Nairobi, organized by the thoughtful team at Meaningful Travel Tour Company. This journey offered the perfect opportunity for the team to unwind, reflect, and recharge after their hard work serving the Samburu community.

The highlight of the trip was a visit to the picturesque Thompson Falls in Nyahururu, a breath taking destination known for its majestic waterfall and tranquil surroundings. The team was welcomed by the soothing sounds of the falls and the lush, scenic landscape a truly serene environment that offered a break from the intensity of the medical camp and an invitation to slow down, breathe, and

appreciate the beauty of nature. As they strolled along the misty trails, some team members reflected on the lives they touched during the camp, while others simply enjoyed the moment, capturing photos and creating memories together. The retreat fostered team bonding and a renewed sense of purpose, reminding everyone of the value of their work and the importance of self-care to sustain their energy and passion.

This memorable journey, thanks to the impeccable planning by Meaningful Travel Tour Company, was

a fitting way for our team to celebrate the impact they made in Samburu and return to their duties with refreshed spirits and strengthened camaraderie. We look forward to many more impactful missions, knowing that with resilience, dedication, and a bit of relaxation along the way, our journey to serve communities will continue strong and fulfilling.

## Celebrating the Transformative Impact of Our Dedicated Volunteers Xiaohui and Ziqing





In the heart of our community, two volunteers have recently made a tremendous difference, inspiring us all through their dedication, creativity, and expertise.

Xiaohui and Ziqing, our passionate volunteers, devoted their time to enhance our college environment and empower students, leaving an impact that will be felt long after their departure. Xiaohui brought a fresh and vibrant energy to our campus by joining hands with staff and students in painting and transforming the college's spaces. Her artistry turned ordinary walls into captivating backdrops, making the environment not only more beautiful but also more inviting and inspiring for all who pass through. Her colorful contributions and boundless creativity have left a lasting impression, reminding us of the power of art in creating a nurturing educational environment.

Meanwhile, Ziging took on the crucial role of empowering students at the MVET Institute through insightful sessions on microfinance education. Her lectures delved into key financial skills, from managing personal finances to understanding loans, savings, and investments. Each session offered the students a toolkit for future success, equipping them with knowledge that can open doors to financial independence and stability. Her expertise and dedication struck a deep chord with the students, leaving them better prepared to navigate the economic challenges of their future. We are profoundly grateful for Xiaohui and Ziqing, who have given their time, energy, and talents to uplift our community. Their contributions remind us that true impact is born from the passion and dedication of individuals who believe in the power of education and creativity. As we reflect on their achievements, we celebrate not only the beautiful spaces and invaluable knowledge they've left behind but also the inspiration they've sparked within us all.

#### Community Impact Weekend: A Commitment to a Cleaner Environment and Compassionate Care





This past weekend, a collective community effort brought together environmental conservation and acts of compassion in Mombasa. The weekend began with an impactful beach cleanup at Jomo Kenyatta Beach (Pirates) on Saturday, where volunteers managed to collect an impressive 168 kilograms of trash. Light Academy Nairobi, alongside other organizations, joined the initiative, all united in the mission to safeguard our coastline and support marine life by reducing pollution along the shore. This achievement highlights the power of collaboration in environmental preservation and underscores the role of

community action in maintaining cleaner, safer public spaces.

On Sunday, the focus shifted to outreach and care. Volunteers visited Nyumba ya Wazee Tudor (Little Sisters of the Poor) and Child Not Mercy, two institutions that offer support to the elderly and vulnerable children. These visits were not only a way to connect with the residents and share moments of kindness, but they also provided volunteers with an opportunity to learn from the resilience and stories of those they visited. The weekend activities, supported by Light Academy Nairobi and other organizations, brought a sense of community spirit and underscored the importance of compassion across all ages.

## Farewell to Marta: A Remarkable Volunteer from Italy Who Made a Lasting Impact





Last week, UCESCO Africa bid a heartfelt farewell to Marta, an exceptional volunteer from Italy whose contributions will resonate for a long time.

Marta's time with us was marked by her unwavering dedication and passion, as she threw herself into various projects, leaving a profound impact on the communities she touched. At Peggy Lucas School, Marta quickly became an integral part of daily life, lending her skills to a range of activities aimed at enhancing the learning environment for the children. From educational initiatives to interactive sessions, Marta's time at the school left an indelible mark on both the children and staff, who found inspiration in her commitment.

Her dedication extended beyond the classroom as she engaged with the children at Dreams of Hope Rescue Centre, where her warmth and compassion created a safe, supportive space for them. Marta's

approach transformed every session into an enriching experience, showing just how much one person can influence the lives of young children through genuine connection and encouragement. Marta's generosity also shone brightly through her donations of clothes and food for both the Dreams of Hope Centre and the children of Samburu, ensuring that her kindness extended far beyond her physical presence. In addition, she contributed significantly to our upcoming medical camp in Samburu, supporting the health and wellness of a community close to her heart.

Marta's time with us will always be remembered for the joy, support, and hope she brought to the many people she encountered. As we say goodbye, we extend our deepest gratitude for her selflessness and commitment. We wish Marta all the best in her future endeavors, confident that she will continue to make a difference wherever she goes.

#### Creativity in Action: Yuliia Kovrihina and TOMO Danielle Bring Art and Music to Dreams of Hope





This holiday season, the kids of Dreams of Hope had an exciting opportunity to dive into the worlds of painting and music with two inspiring mentors, Yuliia Kovrihina from the United States and TOMO Danielle from France. The two volunteers used their holiday time to create an uplifting environment where children could explore their creativity in a safe and supportive setting.

With Yuliia guiding them through vibrant painting sessions, the children learned about colors, technique, and self-expression. Her background in art brought fresh perspectives to the young artists, allowing them to let their imaginations flourish on the canvas. Each painting session encouraged the kids to trust their own ideas, embrace mistakes, and develop pride in their unique creations. Meanwhile, TOMO led singing workshops that turned the space into a joyful harmony of voices. Through fun exercises, the children discovered how music could be a powerful outlet for their emotions and a tool for bonding. With TOMO's guidance, they practiced confidence in both solo and group performances, bringing a sense of unity and empowerment to their singing.

Together, Yuliia and TOMO transformed the Dreams of Hope facility into a haven for creativity and learning, allowing these young minds to experience art and music as powerful alternatives to negative influences. In this nurturing environment, the children not only built new skills but also developed friendships and gained selfconfidence.

By dedicating their time to Dreams of Hope, Yuliia and TOMO have left a lasting impact on the lives of these kids, helping them see the world through new artistic lenses and proving that positive role models and creative outlets can make all the difference in a young person's life.

















































#### A Heartfelt Thank You to the UCESCO – Africa Nairobi and Mombasa Teams

As we continue to drive forward with our impactful projects, we want to take a moment to express our deepest gratitude to the remarkable teams at UCESCO - Africa Nairobi and Mombasa. Your steadfast support and dedication are nothing short of extraordinary and are vital to our success.

Whether through generous financial contributions or hands-on volunteer work, your commitment has been the driving force behind our progress. Your passion and perseverance enable us to make a profound difference in the lives of those who need it most.

We are truly appreciative of the pivotal role you play in our mission. Your efforts not only help us achieve our goals but also inspire hope and spark positive change in our communities. Thank you for being an integral part of our journey and for helping us create a brighter future for everyone we serve.

### A Heartfelt Thank You to Our UCESCO -Africa Partners and Clubs

At UCESCO - Africa, we are profoundly grateful for the extraordinary support and collaboration from our partners and clubs. Your unwavering commitment has been crucial in advancing our mission and achieving significant milestones.

Your dedication, whether through financial support, expert guidance, or hands-on involvement, has greatly amplified our efforts and enabled us to make a meaningful impact in the communities we serve. The success of our initiatives is a testament to the strength of our partnership and the shared vision for a better future.

We truly appreciate your contributions and look forward to continuing this journey together. With your ongoing support, we are confident that we will reach new heights and make an even greater difference.

Thank you for being an integral part of our mission and for helping us create lasting change.



Best Regards Communications Department